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3-1-1, transit info system go haywire

TECHNICAL Just two days after the city's 9-1-1 call system failed, the city's 3-1-1 system and transit information system both also suffered technical problems.

Just after midnight Tuesday the problems began with the 268-prefix including 268-8008 and 3-1-1 calls being redirected to a back-up system.

City of Calgary official Doug Hodgson said after a TELUS assisted investigation they concluded the two incidents are not related.

"We resolved the issue with the help of one of our main partners and discovered the problem was with another service provider," Hodgson said adding there were only about 40 calls affected.

Hodgson acknowledged the initial concern was that the two incidents were related but reiterated 9-1-1 service was not affected during the second incident.

KRISTA SYLVESTER/
METRO CALGARY

News on the Move
 What's this bar code for?
 Find out on pg 3


Urban Foodie pg 16

Urban Foodie's inaugural column serves up AKA Bistro



Comment pg 6

Go meet your neighbours



Calgary Firefighter Will O'Brien holds his son Ty, 2, while honouring firefighters and police members who lost their lives in the line of duty at the Firefighters Memorial Service at the Police/Firefighter Tribute Plaza in front of City Municipal building.

Ultimate sacrifice

Memorial remembers firefighters who died in the line of duty

MEREDITH O'HARA
for Metro Calgary

Calgary's fallen firefighters were remembered at an annual memorial yesterday.

Firefighters and members of the public gathered at the Police, Firefighter Tribute Plaza behind City Hall to honour those lost in the line of duty.

"It's an important annual event ... to honour those that have sacrificed ... their lives, for the protec-

"I don't think he would have done anything else. He was so proud to go to work every day."

Jason Briggs on his father, firefighter Ed Briggs

tion of the citizens of Calgary," said Garth Rabel, the director of yesterday's ceremony.

In total, 25 firefighters were remembered. Nine died in the active line of duty, and 16 who died from occupation health issues.

Wreaths were laid and a bell was rung once for each person being remembered.

One of the more moving moments was firefighter Jason Briggs' speech.

Briggs father Ed was one of the men remembered at yesterday's ceremony.

He died of cancer after 33 years of service.

Both Briggs and his brother followed in their father's footsteps and are members of the Calgary Fire Department.

Even after their father's death Briggs said they never thought twice about being a firefighter.

He said his dad wouldn't have either.

"I don't think he would have done anything else. He was so proud to go to work every day," said Briggs.

Stelmach looks to calm ATA wage fight

KRISTA SYLVESTER
krista.sylvester@metronews.ca

EDUCATION Premier Ed Stelmach said he is hopeful the escalating Alberta education workers wage dispute will be resolved but some Calgary education employees are still upset about what they call a "broken contract."

The government imposed a wage settlement on teachers after a new formula was used to determine salary increases, which saw teacher-signed agreement increases drop from 5.99 per cent to 4.82 per cent, which is a difference of \$23 million, according to the Alberta Teachers Association (ATA). Stelmach said he understands school boards are under pressure with employees but said the government is working with the ATA to reach an agreement.

"You know, I know it's difficult I'm sure, for the school boards, but we'll find a way out of this together with the teachers, the school boards and the government," Stelmach said while in the city yesterday.

That doesn't bode well with some teachers or teaching staff who are affected by the wage implementation, including one elementary teacher, who wished to withhold her name.

"A contract is a contract and it worries me it was broken and makes me question the entire process. This will have an impact on my pay," the teacher said.

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Local

Construction begins on LRT station

Construction began on the latest northeast LRT extension to Martindale and Saddletowne yesterday after Premier Ed Stelmach, left, and Mayor Dave Bronconnier joined to break the ground. The new station in Saddletowne is expected to be completed by 2012, according to the city. The budget for the project is \$124 million.

METRO CALGARY



Calgary in brief

PARKS Upgrades to at least four Calgary-area parks are on hold. Staff have requested that city council relinquish almost \$8 million set aside for the projects after grant applications to the province failed. Without provincial support, the city will have to find the money elsewhere.

LUNCHBOX Actor and director Pamela Halstead has been named the new artistic director for Calgary's Lunchbox Theatre. Halstead is the company's fifth artistic director. Most recently, she was the artistic producer of Ship's Company Theatre in Parsboro, N.S. "I am thrilled to be returning to Calgary," said Halstead.

FIRE Fire officials believe smoking material or a lit cigarette is behind a fire in the 6400 block of Travois Place NW that killed a woman Monday. Officials need autopsy results to determine whether the fatality was due to human error or a previous medical condition. The fire is not considered suspicious.

SOCIAL MEDIA The Alberta New Democratic Party is allowing bloggers, tweeters and citizen journalists to their annual convention this year. Organizer Katharine Hay said for the first time in Alberta, non-mainstream media have been invited to help kindle interest in the inner workings of a democratic political party like the NDP.

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Safety blitz on LRT

LISA CHU
for Metro Calgary

Calgary police and Calgary Transit will blitz riders during a September crime-prevention and safety campaign launched yesterday.

The 11th annual LRT Blitz, launched to coincide with an increase in transit ridership during September, will raise law enforcement presence on city transit platforms, trains and parking lots until Sept. 25.

"The goal of the campaign is to enhance public safety in C-Train areas in an actual or perceived way," said Sgt. Tory Fassnidge, District 6 LRT Blitz supervisor. Increased presence also aims to deter any inappropriate behaviour in and around C-Train stations.

Const. Steve Greenhough said police receive a lot of positive feedback for their presence from riders — especially women and the elderly. He said patrolling, or "flying the flag," lets people know they are out there.

Insp. Richard Hinse of



Calgary police and peace officers issued \$150 fines to LRT passengers without transit tickets after launching their annual LRT Blitz campaign.

District 6 said that although this campaign will only run for three weeks, police and Calgary Transit will continue ensuring safety year-round.

Police and transit security handed out several tickets on LRT platforms after the launch.

m.metronews.ca



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Learn how to scan the barcode on pg 3

Byelection loss would trigger assessment: Premier

POLITICS Premier Ed Stelmach acknowledged yesterday he knows the upcoming Calgary-Glenmore by-election may be a tough sell for voters.

"The most important thing and most important goal for any candidate is to get voters out, because it's sometimes difficult to generate the interest in a by-election," Stelmach said yesterday.

When Stelmach was asked if it would be a reflection of his government if Conservative candidate Diane Colley-Urquhart loses the by-election, he said without speculating they would wait to see the results.

"If she loses, we'll look at the results of the election and see what the message is."

"The key is to knock on the all the doors and meet with people ... because that is what politicians do, and respond to the needs of the community."

KRISTA SYLVESTER/METRO CALGARY

Installation to recognize historic anniversary

ART The Public Art Program announced yesterday the installation of Gen. James Wolfe, a bronze statue from the Civic Art Collection, into South Mount Royal Park on Sunday.

The event is part of the recognition of the 250th anniversary of the battle on the Plains of Abraham. All Calgarians are welcome at the event.

METRO CALGARY

metronews.ca

WHAT'S ONLINE TODAY

Video A new poll finds Michael Ignatieff's election sabre-rattling has put a dent in his popularity at metronews.ca/canada

Video Gov. Gen. Michaëlle Jean wraps up a secret two-day visit to Afghanistan, vows the war is not a "lost cause" at metronews.ca/canada

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A cabinet minister in Jean Charest's provincial government has resigned following conflict-of-interest allegations, news reports said yesterday. Labour Minister David Whissell is set to announce his decision to step down, said the reports from LCN and Radio-Canada television networks. **THE CANADIAN PRESS**

Canada/World

Drunk driver gets life in jail

It's not the sentence they were looking for, but Crown prosecutors say a legal precedent was still set yesterday.

A Canadian court has, for the first time ever, sentenced a drunk driver to life in prison, said Crown lawyer Joey Dubois.

Roger Walsh, 57, was handed the ruling in a courtroom west of Montreal. He pleaded guilty to mowing down a wheelchair-bound woman last year after a night of binge drinking. It was his 19th drunk-driving conviction.

Quebec court judge Michel Mercier declared

the man incorrigible and said he would be likely to reoffend. The Crown sought to make Walsh the first Canadian subjected to that designation for drunk driving. The judge concluded that the designation — which has been reserved for murderers and serial rapists — did not apply here. **THE CANADIAN PRESS**

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Sara Khudaverian holds a photo of her late daughter, Anee, yesterday in Valleyfield, Que.

Iggy's popularity wanes: Poll

POLITICS A new poll suggests Canadians think Michael Ignatieff is wrong to try to force an election this fall and the Liberal leader's popularity has nosedived as a result.

The Canadian Press Harris-Decima survey also suggests Liberal fortunes have dipped, with the Conservatives taking a slight lead nationally — 34 per cent to 31.

The NDP was at 15 per cent, the Greens at 10, and the Bloc Quebecois at eight.

Poll respondents with a negative impression of Ignatieff jumped 15 points from March, to 41 per cent. Thirty-nine per cent had a positive impression, down six points.

Stephen Harper isn't doing much better — impressions of the prime minister remained virtually unchanged with 44 per cent having a favourable opinion and 45 per cent having an unfavourable opinion.

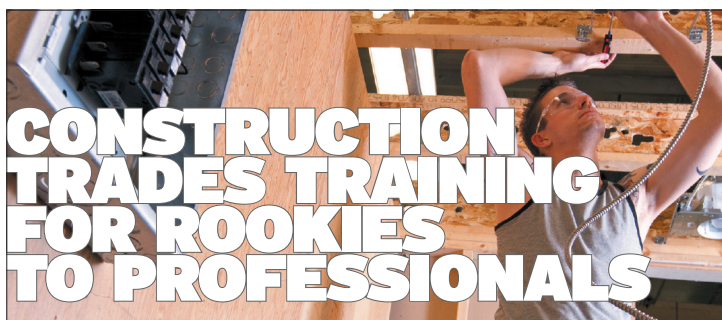
THE CANADIAN PRESS

News in brief

FOOD PRICES Canadian shoppers should expect to pay more at supermarket cash registers this fall as food prices

keep ticking higher despite a weak economy, according to industry watchers.

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Iran presents nuclear proposal

TALKS Iran presented world powers yesterday with a proposal for new talks with the West, though Iranian President Mahmoud Ahmadinejad has ruled out negotiations over uranium enrichment, the UN's central concern over his country's nuclear program.

Foreign Minister Manouchehr Mottaki gave a package of proposals to diplomats representing the five permanent members of the UN Security Council and Germany in a meeting

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in Tehran attended by journalists. The IAEA chief Mohamed ElBaradei has said his agency is locked in a "stalemate" with Iran and has urged Tehran to "sub-

stantively re-engage" with the watchdog to prove there are no military dimensions to its nuclear program.

ElBaradei stressed yesterday that dialogue was key to breaking the "logjam" and urged Tehran to accept the offer to talk.

"We can spend days and nights here talking about this issue but unless we talk to each other and not at each other we will not move forward," he said.

THE ASSOCIATED PRESS

Obama makes health care case

HEALTH CARE U.S. President Barack Obama summoned Congress to enact sweeping health care legislation last night, declaring the "time for bickering is over" and the moment has arrived to help millions who have insurance and many more without it.

His nationally televised

address on Capitol Hill came as Obama's popularity is falling, opposition Republicans are on the attack and his fellow Democrats are divided about what kind of plan to pursue. "I am not the first president to take up this cause, but I am determined to be the last," Obama said. **THE ASSOCIATED PRESS**

News in brief

HIJACKING A jetliner from Cancun was briefly hijacked as it landed in Mexico City yesterday. The hijackers released all passengers shortly before police stormed the plane, and the crew emerged unharmed moments later. Police, who did not fire a shot, led as many as eight handcuffed men away from the aircraft. **THE ASSOCIATED PRESS**

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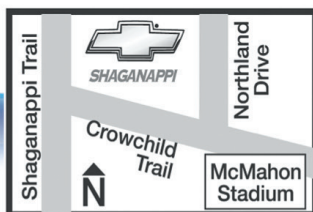
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Comment

Take time to know thy neighbour

Relating

Sofi Papamarko

metronews.ca/papamarko

I didn't know Dianne Trotter. She and I lived in the same building. I would see Dianne in the lobby. In the elevator. Out and about running errands or walking her dog.

The most that we ever exchanged were nods of familiarity and the occasional guarded smile.

Dianne was killed Aug. 30 in Fredericton, the victim of a hit-and-run. And it's only in death that I'm finally getting to know my neighbour. Dianne was not much older than me. She worked first as a writer, then as a producer for CBC News. She was a star player in the Toronto Power Wheelchair Hockey League. She did not allow her disability to limit or de-

fine her. She loved to cook. She was, by all accounts, well-liked, funny and fearless. Dianne Trotter was small but mighty.

I didn't know any of these things about Dianne.

I didn't even know her name because I never bothered to ask.

Had I only known that the woman with whom I frequently shared an elevator was a journalist, blessed with a razor-sharp wit. Had I only known that she was stupefyingly brave and out-

spoken. I'd often wondered about the accessibility ramp in my local grocery store and it's only now I'm learning that Dianne was the person who placed the calls to make it happen.

Learning about this amazing woman now, after the chance has passed for me to get to know her, fills me with a combination of guilt, shame and regret.

When I was a kid, we knew just about everyone on our street. We'd play ball hockey and jump rope on

each other's driveways. The adults would share backyard produce, chat over fences and shout greetings across the street. Then we moved to a new street. My parents have lived there for more than 15 years and I still don't know the names of our next-door neighbours on one side. Not an uncommon occurrence in major cities.

It's even worse in apartment and condo buildings, these people-hives that often lack common areas or senses of community.

We've become so guarded. In this age of guerrilla sales pitches and religious solicitors, friendly chit-chat is frequently met with suspicion. Being in an elevator with other people is a study in awkwardness. It seems so much easier to just keep to ourselves.

Good fences make good neighbours, true, but we've built up brick walls.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

Views

Expand high-tech strategy for women



Wendy Cukier

Canada's high-tech sector is an engine of economic growth. Observers recently celebrated the increased enrolments in engineering and related technologies reported by Statistics Canada. But the picture is not entirely rosy — the number of females enrolled in these disciplines has declined since 2002. Enrolment in mathematics, computer science and information sciences have fallen by 29.1 per cent between 2002-07, with female enrolment

declining even faster.

The Montreal massacre on Dec. 6, 1989, focused attention on women in technology as never before. The killer targeted aspiring engineers at l'Ecole Polytechnique for achieving what he could not. The Canadian Council of Professional Engineers then released a report — More Than Just Numbers — that revealed the barriers inhibiting women from entering engineering and excelling in engineering. It recommended a wide range of interventions to address "the chilly climate" for women and spawned "women in technology programs" by well-intentioned compa-

nies, associations, schools and universities.

Almost 20 years and millions of dollars later, we have to face the unpleasant truth: The piecemeal approach is not working. A review of more than 50 programs showed few had formal evaluations or could demonstrate significant impact.

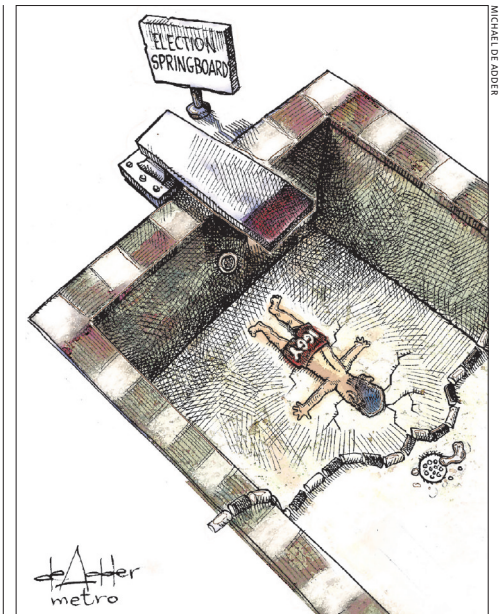
High-tech employers can help by encouraging girls to pursue technology careers, developing recruitment and retention strategies to support women and reinforcing positive messages in their procurement and marketing strategies. They also need to ensure they

match skill requirements to the tasks, to consider alternative routes to the profession and to create a workplace climate that is inclusive.

Teachers, professors and guidance counsellors need to ensure they present the full range of options and consider female friendly pedagogy and examples.

As the 20th anniversary of the Montreal massacre approaches, there is no better time for Canada to develop an integrated and sustained strategy to weave the pieces together.

Wendy Cukier is the associate dean of the Ted Rogers School of Management at Ryerson University, and the founder of Ryerson's Diversity Institute.



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The Memphis Grizzlies confirmed yesterday they have agreed in principle to a contract with Allen Iverson, hours after the guard tweeted he was heading to Memphis. **THE ASSOCIATED PRESS**

Sports



Hitmen unveil new uniforms

The Calgary Hitmen Hockey Club unveiled their new uniforms for the 2009/10 Western Hockey League regular season yesterday. The black jersey features the traditional Hitmen logo, but now includes the Hitmen mask as shoulder patches. The white jersey features a black Hitmen mask with red eyes, nose and mouth while incorporating the traditional Hitmen logo as shoulder patches.

METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONews.CA

Sports in brief

SOCCER European champion Spain and rejuvenated England booked their World Cup places with two games to spare yesterday by both maintaining their perfect records in qualifying.

BASEBALL Derek Jeter tied the New York Yankees record for hits held by Lou Gehrig. Jeter singled to right field in

the seventh inning for his third hit last night against Tampa Bay, matching Gehrig with 2,721 hits as a Yankee.

HOCKEY The International Ice Hockey Federation has ruled that Detroit Red Wings forward Jiri Hudler can sign with Dynamo Moscow of Russia's Continental Hockey League. **THE ASSOCIATED PRESS**

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Oudin ends 'great run'

Teen can't pull off fifth upset in a row at U.S. Open

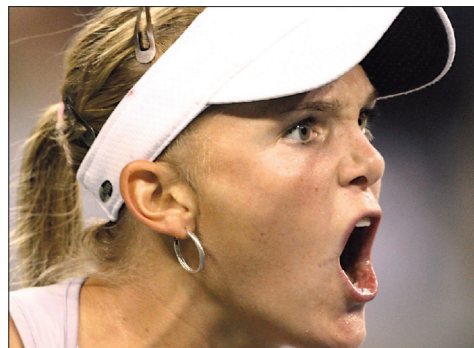
Melanie Oudin's magical U.S. Open is over.

Even the comeback kid couldn't overturn this deficit.

Showing signs of shakiness in her first Grand Slam quarter-final, the 17-year-old Oudin got off to a slow start against No. 9-seeded Caroline Wozniacki of Denmark and never really recovered, losing 6-2, 6-2 last night.

"This has been a great experience for me. I had a great run here," the 70th-ranked Oudin told the crowd of 23,881 during an on-court interview right after the match, an honour usually reserved for the winner.

"I hope to come back



Melanie Oudin yells after losing a point to Caroline Wozniacki, last night at the U.S. Open in New York. Oudin lost 6-2, 6-2.

next year and do even better."

It'll be hard to top her 2009 U.S. Open.

She upset four more established players — including three-time major champion Maria Sharapova and

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Scan this barcode for the most recent Sports updates on your smartphone. Learn how to scan the barcode on pg 3

Beijing Olympic gold medalist Elena Dementieva — to become the youngest quarter-finalist at Flushing Meadows since Serena Williams in 1999.

In men's action yesterday, No. 4-seeded Novak Djokovic reached the U.S. Open semifinals for the third consecutive year, beating No. 10 Fernando Verdasco of Spain 7-6 (2), 1-6, 7-5, 6-2. **THE ASSOCIATED PRESS**

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U.S. Open boosts security

Stadium security was bulked up for last night's matches at the U.S. Open, a day after a man was arrested for running onto the court to kiss Rafael Nadal. **THE ASSOCIATED PRESS**

Bengals star promises surprise

Chad Ochocinco is working on a tweet surprise for the NFL.

He promised something new for the Cincinnati Bengals opener Sunday against the Denver Broncos at Paul Brown Stadium. What exactly? He wouldn't say. But it's likely to get a review

from the NFL, which has banned players' use of social networks during games.

Ochocinco thinks he's found a way around it. "The Twitter world, they don't

Chad Ochocinco



need a signal," he said yesterday. "They'll know. It's the quiet before the storm. Just watch."

The league said that no player or anyone representing him can provide in-game updates on the player's personal Twitter, Face-

book or other networking accounts.

Ochocinco, who is one of the most prolific tweeters among NFL players, thinks he's found a way around it. "I've been really, really quiet, and there's a storm coming Sunday," he said.

THE ASSOCIATED PRESS

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Bettman, Balsillie to take stand

NHL The two men at the centre of the Phoenix Coyotes bankruptcy case will each take the stand in court this week.

Canadian billionaire Jim Balsillie and NHL commissioner Gary Bettman are expected to spend as much as 40 minutes apiece answering questions from lawyers, according to an agenda filed in Arizona bankruptcy court yesterday.

They're scheduled to appear before the court early Friday — the second of two days Judge Redfield T. Baum has set aside this week to oversee an auction for the team, in which Balsillie and the NHL are now the only bidders.

Ice Edge Holdings confirmed yesterday that it would not take part in this week's auction, hinting that it may try to buy the team at a later date.

THE CANADIAN PRESS

Sports in brief

NHL The Dallas Stars are pegging some of their ticket prices to the whims of the marketplace. The team said yesterday it will be the first NHL franchise to offer a flexible pricing plan that goes beyond the notion of charging more for games against better opponents. As with air fares, buying tickets early can help, and it will matter where the teams are in the standings. **THE ASSOCIATED PRESS**

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NFL ticket prices climbed 3.9 per cent to an average of \$74.99 US for the 2009 season. According to Team Marketing Report's survey released yesterday, 21 teams either kept prices the same or lowered them. The average ticket to a Dallas Cowboys game costs \$159.65, a record for the Fan Cost Index survey, which dates to 1991. **THE ASSOCIATED PRESS**

NFL Preview

EDITOR: CHRIS.CLEMENTS@METRONWS.CA

North wind blowing

Canadian participation on the rise in the National Football League

PERRY LEFKO
for Metro Canada

The National Football League may be an American entity, but it has a growing Canadian element to it.

Whether it's Canadian-born players or players who have graduated from the Canadian Football League, there are elements of the NFL that are of particular interest to football fans north of the border.

Oshiomogho (O.J.) Atogwe, a Windsor native, was drafted in the third round of the 2005 NFL Draft and has blossomed into one of the premier safeties in the league. He's what's known as a ball hawk because of his proficiency in intercepting passes. He has 17 picks in four seasons, including eight in 2007, which led the National Football Conference.

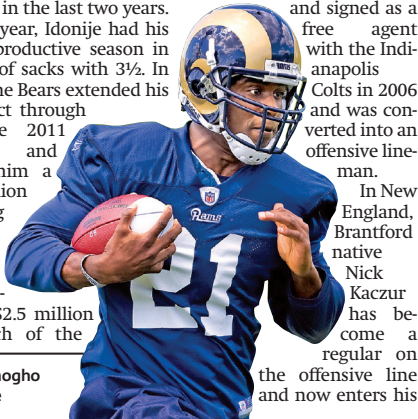
In February, the Rams signed Atogwe to a one-year

deal worth \$6.342 million US. Suffice to say, he stands to reap even more financial rewards if he continues to play at this level.

In Chicago, defensive lineman Israel Idonije heads into his sixth season with the team. The native of Lagos, Nigeria, who grew up in Manitoba and graduated from the University of Manitoba has become a regular starter in the last two years.

Last year, Idonije had his most productive season in terms of sacks with 3½. In May, the Bears extended his contract through to the 2011 season and gave him a \$2-million signing bonus. He is slated to receive \$2.5 million in each of the

Oshiomogho
Atogwe



next two seasons. Idonije, one of the few players in NFL to graduate from the Canadian university ranks, has reached these heights despite the fact he didn't start playing organized football until university.

Another player from the Canadian post-secondary ranks is Dan Federkeil, who graduated from the University of Calgary as a tight end and signed as a free agent with the Indianapolis Colts in 2006 and was converted into an offensive lineman.

In New England, Brantford native Nick Kaczur has become a regular on the offensive line and now enters his

fifth season.

Much attention from a Canadian perspective will be on defensive lineman Vaughn Martin, who played only two years at the University of Western, but impressed the San Diego Chargers enough to draft him in the fourth round and give him a multi-year contract.

Other Canadians of note include: Washington kicker Shaun Suisham; Seattle punter Jon Ryan; New Orleans cornerback Jason David; Jacksonville defensive tackle Rob Meier; Dallas long snapper L.P. Ladouceur; Seattle wide receiver Nate Burleson; and Indy receiver Sam Giguere.

Cam Wake, who was named the CFL's outstanding defensive player the last two years, parlayed that into a contract with the Miami Dolphins. Running back Stefan Logan, a teammate of Wake's in B.C., signed with Pittsburgh and survived pre-season cuts.



Super Bowl XLIV

The 44th edition of the Super Bowl will be held at Miami's Dolphins Stadium on Feb. 7, 2010. It will be the fifth time the stadium has played host to the NFL's championship game.

METRO NEWS SERVICES

Steelers have a score to settle in season opener

NFL PICKS With a record sixth Lombardi Trophy in their possession, the Steelers carry the biggest of targets on their black-and-gold jerseys this season. Yet it's Mike Tomlin's champions — and all of Pittsburgh, for that matter — looking to settle a score in the NFL season's opener tonight.

Into Heinz Field come the Terrible Towel stompers themselves, the Tennessee Titans. After the Titans whipped the Steelers 31-14 in Nashville in the penultimate game last season, linebacker Keith Bullock dropped a towel, then swiped his foot across it. Running back LenDale White stomped on a towel, and defensive end Jevon Kearse used one as he pretended to blow his nose.

The Steelers, who are 5½-point favourites in the now traditional opener hosted by the Super Bowl winners, didn't lose again after that game. And they haven't forgotten the Titans' terrible behaviour toward their towels.

But Pittsburgh's top-ranked defence will concern itself with what White, Chris Johnson and rookie Javon Ringer try to do on the ground. Tennessee is no slouch on D, either, even with All-Pro tackle Albert Haynesworth now in Washington. With both sides likely to be stingy, this could come down to one key play by an offensive standout. We'll bet that's Hines Ward.

STEELERS 16-10
Buffalo (plus 10) at New England (Monday night)
BEST BET: Hello T.O. from Buffalo. No matter how much you do in your Bills debut, Tom Brady, Randy Moss, Wes Welker and Patriots will do more.

PATRIOTS 35-13
San Francisco (plus 6½) at Arizona
UPSET SPECIAL: Niners nearly beat Cardinals in Mike Singletary's debut as interim coach last November. They win his debut as full-time coach. **49ERS 21-20**
Minnesota (minus 2½) at Cleveland

Everybody loves Brett Favre-led Vikings. Doesn't seem like anyone likes Eric Mangini-led Browns.

VIKINGS 24-10
Miami (plus 4) at Atlanta

A year ago, this was considered an early-season dud. Now, it's a matchup worthy of prime-time. AFC is superior to NFC, so ...

DOLPHINS 24-21

Detroit (plus 12) at New Orleans

Let's see, Lions haven't won since two days before Christmas — in 2007.

SAINTS 31-7
Kansas City (plus 8½) at Baltimore

Maybe Matt Cassel is better off not facing Ravens' fierce D.

RAVENS 20-3
Philadelphia (plus 1) at Carolina

Two franchises that had very busy off-seasons. Brian Westbrook and DeAngelo Williams are worth admission price.

EAGLES 24-20
Denver (plus 1) at Cincinnati

Bengals might be jealous that Broncos have stolen the dysfunctional thunder.

BENGALS 20-3

New York Jets (plus 4) at Houston

Mark Sanchez, meet Mario Williams and DeMeco Ryans. OUCH.

TEXANS 24-10
Jacksonville (plus 7½) at Indianapolis

With Tony Dungy retired, Colts might take some missteps. Not here.

COLTS 27-10
Dallas (minus 3) at Tampa Bay

Cowboys tune up for big debut game of their billion-dollar stadium. Are they looking ahead? Nope.

COWBOYS 30-13
Washington (plus 6) at N.Y. Giants

Redskins might be best fourth-place team in NFL. Giants are likely first-place team.

GIANTS 24-14

St. Louis (plus 7) at Seattle

Jim Mora takes over as Seahawks coach. He's got better roster than Steve Spagnuolo does in his Rams debut.

SEAHAWKS 16-10
Chicago (plus 3) at Green Bay

Longest running rivalry in pro football, and both franchises have strong teams. Pack looks bit stronger right now.

PACKERS 28-17
San Diego (minus 7) at Oakland (Monday night)

Regardless of Chargers star LB Shawne Merriman's status, Oakland is outmanned.

CHARGERS 33-7
THE ASSOCIATED PRESS

Patriots

BRADY Tom Brady is excited about Monday night's opener and not only because it will be his first regular-season game in more than a year. The New England Patriots quarterback noted yesterday noted he's already played in three exhibition games and that's given him a chance to face another team. It also gave him time to play with a brace on his surgically repaired left knee and he said he feels comfortable with it.

Vikings

FAVRE Brett Favre insists he won't let his durability streak hurt the Vikings. Favre will make his 270th straight start when Minnesota plays at Cleveland Sunday. That will match what the NFL considers the longest streak in history, held by former Vikings defensive lineman Jim Marshall from 1961-79. Favre said yesterday he would sit out this season if he's not healthy enough to suit up as Minnesota's quarterback. The 39-year-old also said he "may not" be able to play in all 16 regular-season games.

THE ASSOCIATED PRESS

Broncos begin post-Shanahan era

DENVER The dominoes started to fall in Denver when Kansas City's Dwayne Bowe mishandled an onside kick against San Diego on Dec. 14 that would have secured a playoff spot for the Broncos.

The usually sure-handed Bowe let the ball slip through his grasp, and two weeks later, the Broncos watched their first post-season trip since 2005 slip through theirs.

Owner Pat Bowlen summoned Mike Shanahan, his "coach for life," into his office and fired the two-time Super Bowl winner who had managed to win just one playoff game in the decade after John Elway retired.

With a dreadful defence to renovate, Bowlen hired 32-year-old offensive wunderkind Josh McDaniels from Bill Belichick's staff.

The drama had only just begun. McDaniels soon found himself in a colossal clash with Pro Bowl passer Jay Cutler, who didn't appreciate McDaniels entertaining the notion of bringing quar-



In a move that may define his career, new Denver coach Josh McDaniels traded franchise quarterback Jay Cutler for Kyle Orton, left.

terback Matt Cassel with him from New England. Cassel ended up in Kansas City, yet the seeds of discontent were flourishing at Dove Valley.

McDaniels was willing to let the feud play out, but when Cutler ignored calls from Bowlen, the owner ordered his new coach to trade the franchise quarterback.

In a move that may define his coaching career, McDaniels sent Cutler to Chicago for Kyle Orton and

a bevy of draft picks on April 2.

The two saw each other again last month in an exhibition game at Invesco Field, where Cutler got the last laugh. While he led the Bears on a beautiful 98-yard scoring drive that highlighted Chicago's 27-17 win, Orton's memorable moment was flashing his bloodied right index finger to the Broncos' bench after the dislocated knuckle poked through his skin.

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Metro Homes



Special focus

This week's Homes section features a look at home renovations.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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Consider neighbours when renovating

MEREDITH O'HARA
for Metro Calgary



Anyone who's ever renovated their home knows it is a disruption to their everyday routine. But what some may not

think about is how the construction and disruption will affect their neighbours.

In a city like Calgary, construction seems to be a way of life. Brian Maurer, president of the construction firm Albi Renova, said

most people are aware of that, especially in new communities.

"They know they're moving into a construction site," Maurer said.

But even for people in developed areas, renovations can turn their block into a mini construction zone.

And he said there's not a lot you can do about the noise. That's a fact of any renovation project.

"Neighbours are always a concern," Maurer said, "just because of the disruption in their lives."

He says the most important thing you can do to make the experience a tolerable one for everyone is to keep the lines of communication open.

Maurer's team always introduces themselves to the

neighbours and asks them to call if they have a problem.

"That way they don't feel bad coming to us if there's an issue," he said.

But when the lines of communication break down, those living with the problem may look for someone to set things straight.

The city of Calgary does have a few programs that can help neighbours dealing with a difficult renovation project in their neighbourhood.

The first is the Community Standards bylaw. This law outlines the expectations for all residents in the city. Though some sections involving noise and clutter on a property have excep-

tions, the bylaw still requires that the noise and mess remain under control.

And if the renovations are an even bigger concern beyond the noise or mess on the front lawn, residents can turn to the Development & Building Approvals department.

If someone feels a renovation project is dangerous or too close to a property line, they can check with development and building approvals for permits.

If there isn't one, city staff will check up on the situation to enforce the rules.

Upcoming home & design shows

Anyone in the Calgary area interested in renovating their home can check out these home and design shows:

- The Calgary Home and Interior Design Show runs Sept. 17-20 at the BMO Centre, Stampede Park, and has almost 400 retailers. "It helps people envision products and furniture in their homes," said Terri Higgins, the show's manager.

- Design Trends Calgary runs Nov. 3-4 at Stampede Park.

- The Home Expo show focuses on exterior and interior design, and takes place Jan. 15-17 at the Roundup Centre, Stampede Park.

- The Calgary Home and Garden Show runs from Feb. 25-28 at the BMO Centre, Stampede Park. —MEREDITH O'HARA /FOR METRO CALGARY

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Italian fashion house Gianfranco Ferre has enough cash to stage fashion shows, launch a shoe and handbag line and roll-out a new logo despite being in administration and hit by the downturn, its CEO said. REUTERS

Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Victoria's Secret heads north

NEW STORE Bra-specific road trips may soon become a thing of the past. In what is perhaps the most highly anticipated American invasion since Obama's trip to Parliament Hill, Victoria's Secret stores are finally expanding into Canada.

Limited Brands Inc., Victoria's Secret's parent company, already dipped a toe into our lingerie market with their acquisition of Canadian chain La Senza in 2007.

"We have a tremendous footprint with La Senza operating more than 300 stores in Canada," Brooke Stull of Limited Brands

writes Metro via email. "We're currently testing a new La Senza store layout and an assortment that focuses on new bra and panty styles ... and we're planning to open ... the first four PINK stores in Canada."

Victoria's Secret PINK is phase one of the brand's Canadian infiltration, beginning next month. PINK and its merchandise focuses on loungewear and athletica, ultimately targeting a more youthful market. Traditional Victoria's Secret stores are scheduled to arrive in the spring of 2010.

SOFI PAPAMARKO/
FOR METRO CANADA

Waist-shaping wearables

Clothes that offer the tummy tuck without the surgery

JANINE FALCON
For Metro Canada

These days we're all working harder than ever. Nice to know some of our clothes can work harder too.

They can't take the place of healthy, active living, but garments with tummy-taming job descriptions can help pick up a little workout slack, and camouflage bits we'd rather keep under wraps.

We're not talking underpinnings, although a pair of Spanx (the best-known name in shapewear) is a must for smooth lines under that favourite little dress. Instead, when we don't want to wriggle into an extra layer, we can turn to clothing brands such as Mark's Work Wearhouse, Melanie Lyne, Spanner and Old Navy for waist-whittling wearables that also slim the hips and lift the derrière.

"Many women want to look 10 pounds thinner, no matter what size they are," comments freelance fashion stylist Ingrie Williams, whose work has appeared in many of Canada's top magazines and on Citytv. "Wardrobe items with tummy-control benefits can offer shaping without feeling like a girdle."

Generally constructed with variations of a built-in control panel across the inside front, and from denim with varying stretch from one to five per cent, jeans are the most popular

figure-enhancing workhorse. In Williams' view, "they're a practical addition to any jean wardrobe."

As well, their fit and for-comfort design make them a good try-again point for women who have found past jean experiences unsatisfactory. "Wardrobe items with tummy-control benefits can offer shaping without feeling like a girdle."

Ingrie Williams,
freelance fashion
stylist

If Not Your Daughter's Jeans sounds familiar, it's thanks to positive performance reviews from celebs such as Rachel Ray, Jane Seymour and Diane Sawyer. Part of the appeal is a patented denim weave that resists stretch in the front, and a size range that includes petites and plus.

Old Navy's The Dreamer classic-rise, curvy-silhouette jean is new this season. In addition to shaping, it has a contoured waistband to help minimize waist bulge and gaping at the back. Sizes go from zero to 20 regular.

Also making its debut is the Fit to Flatter jean from Canadian company Spanner, which makes regular, petite and plus sizes. Melanie Lyne's Off the Record classic-fit jean, also Canadian, launched this past spring and fits up to size 16; a contemporary fit with a slightly lower rise and slimmer, boot-cut leg

just hit stores for fall.

Mark's Work Wearhouse Curvtech collection (yes, Canadian too)

now offers the widest variety of silhouette-enhancing garment styles — 40 in all — from jeans to capris to yoga-wear to dress pants,

as well as a Total Control skirt. Sizing goes from two to 18 (up to 20 in denim), with 30, 32 and 34 inseams in some styles.

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In an extensive stunt gone wrong, Rose McGowan brought the Red Sonja set to a standstill. The actress was taken to hospital where she underwent wrist and elbow surgery. "They took part of my elbow out. I had really bad nerve damage from doing stunts," McGowan recently told Fox News. **POPEATER.COM**

Surgery for McGowan

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

☆☆☆☆ A CLASSIC; ☆☆☆☆ EXCELLENT; ☆☆☆ GOOD; ☆☆☆ FAIR; ☆☆☆ POOR

Jay-Z drafts catchy Blueprint

Jay-Z

Album: The Blueprint 3

Label: Warner

Rating: ☆☆☆

ON JAY-Z'S 11TH album he lambastes his hip-hop cohorts for using the annoying vocal effect auto-tune. But the music mogul didn't have to do that — just lis-

ten to his new disc and you'll know he'll never need auto-tune to sound good. More than a decade after he released Reasonable Doubt, Jay-Z is still a brilliant artist who can out rap just about anyone. The Blueprint 3 is



MusicReviews

music@metronews.ca

catchy, thoughtful and has a bevy of guest stars, including Alicia Keys whose soaring vocals on Empire State of Mind are as stunning as Jigga's best raps.

Bryan Borzykowski/for Metro Canada

Die Mannequin

Album: Fino + Bleed

Label: Warner

Rating: ☆☆☆

THERE'S NO DOUBT that Toronto hard rockers Die Mannequin are moments away from huge success. The female fronted duo's blistering guitars and



The Blueprint 3, the 11th album from hip-hop superstar Jay-Z.

aggressive vocals from Care Failure is exactly what the Lady Gaga obsessed music world needs right now. And the band's infectious sound, which is at its most polished and mainstream,

should catapult the group to the next level. For fans though, the new disc lacks the rawness and the in-your-face creativity of their early EPs. That's a good thing when courting the

masses, but followers might be a bit disappointed.

Bryan Borzykowski/for Metro Canada

Cuff The Duke

Album: Way Down Here

Label: Noble/Universal

Rating: ☆☆☆

BLUE RODEO

CO-FOUNDER

Greg Keeler

has

emerged as

some kind

of grandfather/patron to

the neo-alt-country genera-

tion, first as mentor to

The Sadies and now as pro-

ducer of Cuff The Duke.

They show a new talent for

gentle harmony vocals on

the opening track You

Were Right, while pushing

the edges with fiery Neil

Young-like extended elec-

tric guitar on tracks like

It's All a Blur and Promises.

Cuff The Duke are the ob-

vious inheritors of the Blue

Rodeo estate, but the band

is searching still for one of

those knock-out singles

like Hasn't Hit Me Yet that

would give them a national

status.

Graham Rockingham/for Metro Canada

Two Hours Traffic

Album: Territory

Label: Bumstead/Universal

Rating: ☆☆☆

AFTER 2007'S

FANTASTIC

rocker Little

Jabs, the

pressure

was on for

Two Hours Traffic to push

themselves even harder.

Unfortunately, their latest

record — again produced

by Joel Plaskett — falls flat.

Territory is darker, and

musically many of the

songs are more complex,

but the tunes are also

much quieter and laid-

back than what's on their

previous effort. And, unfor-

tunately, it doesn't work as

well. It was the band's vis-

ceral energy and Sloan-like

feel that garnered them a

Polaris Music Prize nomi-

nation last year, and with-

out that the passion and

intensity doesn't come

through as well.

Bryan Borzykowski/for Metro Canada

A World in Crises? Get the Whole Story

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CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/10/09	267	351	- ACCESS	Alberta Primetime (Live)	(8:02) Private Practice		Grey's Anatomy		Fringe (HDTV PA)		Primetime
	243	317	3 CFCN	etalk	Hollywood	The Mentalist (HDTV)	The Vampire Diaries (N)		CSI: Crime Scene Investgtn.		CTV News
	-	-	4 OMNI	Two/Half Men	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	The Simpsons	King		Metropia
	-	371	5 KPLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Grey's Anatomy			Practice
	245	306	6 CBRT	Wheel-Fortune	Jeopardy!	Battle for a Continent (N)	Rise Up - Canadian Pop Music	CBC News: The National			The Hour
	244	338	7 CICT	ET Canada	Entertainment	90210 (N)	Big Brother 11 Eviction.	90210 (HDTV)			News Hour
	246	-	8 CKAL	Law & Order: SVU	Law & Order: UK	Law & Order: UK	30 Rock	Parks-Recreat	30 Rock		Your City
	119	705	9 CBFT	Virginie (SC)	Tapis rouge	En direct du Studio 42	3600 secondes d'extase (SC)		Le Téléjournal Nouvelles (SC)		TJ Alberta
	-	-	10 SHAW	(6) Local Programming					Local Programming		
	-	372	12 KREM	News	John Stockton	The Doctors (N)		Big Brother 11 Eviction.	CSI: Crime Scene Investgtn.	The Mentalist	
primitime	-	374	14 KSPS	NewsHour With Jim Lehrer	NW Profiles	Yellowstone	Casebook of Sherlock Holmes		MI-5		Soundstage
	502	390	15 CBC	CBC News: The National	The Nature of Things		CBC News: The National	CBC News: The National			Nature-Things
	-	370	16 KHO	(6:30) NFL Football Tennessee Titans at Pittsburgh Steelers.			News	News	Jeopardy!		Wheel-Fortune
	-	373	22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Bones (HDTV PA)	Fringe (HDTV PA)		News
	297	652	37 WPIX	Supernatural (N)	PIX News at Ten Tong.		Two/Half Men	Friends	Sex and City	According-Jim	Frasier
	500	500	29 CNN	Larry King Live	Anderson Cooper 360 (HDTV)			Larry King Live			Cooper 360
	508	502	31 CNN2	Jane Velez-Mitchell	Nancy Grace	Showbiz Tonight		Jane Velez-Mitchell			Nancy Grace
	400	400	21 TSN	(6:30) NFL Football Tennessee Titans at Pittsburgh Steelers.				SportsCentre	E-60 (HDTV)		
	408	418	27 net	Red Bull: Air Race	Boxing				Sportsnet Connected		MMA Conn
	410	403	30SCORE	(5:30) College Football Clemson at Georgia Tech. (Live)				Score Now	Score Now		Score Now
sports	411	457	44 OLN	Survivorman	Ghost Hunters		Dog the Bounty Hunter		Survivorman		Ghost Hunters
	417	406	48 SPEED	Jacked!	Wrecked (N)	Wrecked (N)	Pimp My Ride	Pass Time	Pinks - All Out (HDTV)		Jacked!
	552	543	20 YTV	iCarly	Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	557	541	39 FAM	Zoe 101	Life Derek	Wizards-Place	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545	67 TOON	Jimmy Two	Johnny Test	Stoked	Total Drama	Majority Rules	1600 Hours	King of the Hill	Futurama: Ben
	575	583	11 CMT	Reba	Hope & Faith	Hope & Faith	Karaoke Star "Winnipeg"	Home Improve.	Home Improve.	Reba	
	553	546	17 TREE	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-Han
	505	398	19 TWN	(5) EarthWatch One	EarthWatch One			EarthWatch Two			Go, Diego, Go!
	602	568	23 W	House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Confidential	Confidential
	521	560	24 TLC	Police Women of Broward	LA Ink (HDTV) (N)	LA Ink (HDTV) (N)	Police Women of Broward	Police Women of Broward	LA Ink (HDTV)	Confidential	Police Women
family	603	561	25 FOOD	Perfection	Perfection	Ace of Cakes	Family	Family	Unwrapped	Unwrapped	Perfection
	615	520	26 A&E	The First 48 "Blackout"	The First 48 (HDTV)	The First 48 (HDTV)	Crime 360 (HDTV) (N)	The First 48 (HDTV)	The First 48 (HDTV)	The First 48	The First 48
	617	522	32 SHOW	Trailer Park	Trailer Park	The Outer Limits	Da Vinci's City Hall	The Best Years (DVS)	Bones	Bones	Bones
	601	562	33 SLICE	X-Weighted "Valencia"	X-Weighted "Kendra"		ET Canada	What Happen?	Biggest Loser Australia	Average Joe:	Average Joe:
	-	633	34 ENC2	Without Limits *** (1998, Biography)	Billy Crudup.		Any Given Sunday *** (1999, Drama)	Al Pacino, Cameron Diaz.			
	520	505	35 DISC	9/11: Science and Conspiracy	MythBusters	Daily Planet	Law & Order	9/11: Science and Conspiracy	Without a Trace	Where	Where
	620	523	36BRAVO	Where the Truth Lies *** (2005, Drama)	Kevin Bacon.						
	294	650	40 WPCH	Friends	Friends	Contact *** (1997, Science Fiction)	Jodie Foster, Matthew McConaughey.	The Simpsons	South Park	Comedy Now	Comedy Now
	626	547	41 COM	Just for Laughs	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	
	-	539	42 TCM	(6) The Thief of Bagdad	Drums *** (1938, Adventure)	Sabu.	Raymond Massey.	Song of India *** (1949, Adventure)	MANswers	GameTrailers	MANswers
cable variety	628	584	43 SPIKE	TNA Wrestling (HDTV) (N)			Surviving Disaster "Fire"	Ancient Discoveries	Underworld Histories	After People	After People
	522	516	45 HIST	Underworld Histories	Ice Road Truckers	The Rock.	The Scorpion King *** (2002, Adventure)	The Rock.	Star Trek: Next Gener.	Trek: Voyager	Trek: Voyager
	627	528	46 SPACE	(6) Patton *** (1970, Biography)	George C. Scott, Karl Malden, Michael Bates.			The Last Hard Men *** (1976, Western)	ET Canada	TV Made, Do It	Family Guy
	619	525	49 TROP	Bob & Doug	Bob & Doug	Seinfeld	Seinfeld	Holmes on Homes	Disaster DIY	Big Amazing	Handyman
	600	364	50 HGTV	Disaster DIY	Big Amazing	House Hunters	House Hunters	News	Headline	Market Call	
	501	391	52 CTV	CTV News Tonight	News	CTV News	CTV News	News	Commodities	Judging Amy	
	504	508	70 BNN	Taking Stock	Da Vinci's Inquest	Rez Rides	Moose TV	Bill & Ted's Excellent Adventure *** (1989, Comedy)	Sadabahr	Wild 'n Out	
	526	507	92 VIVA	The Closer "Aftertaste"							
	269	503	93 APTN	Wopos Bay	By the Rapids	Rez Rides	Moose TV	Bill & Ted's Excellent Adventure *** (1989, Comedy)	Sadabahr	Wild 'n Out	
	-	94	MCP	World News	News	Banquet	Kingdom-Wind	Vancouver	Shaktimaan	Dheeyan Ghar	
571	581	100 MPM	Wild 'n Out	Wild 'n Out	Michael Jackson in Concert - Bucharest "Dangerous" concert.	Dance	Born to Be	One Tree Hill	So You Think You Can Dance Canada		
570	580	101 MMV	You Can Dance								
581	566	102 MTV	Fantasy Fact.	Beatdown	Nitro Circus (N)	Pranked	MTV Live	After	Fantasy Fact.	Beatdown	Nitro Circus
-	-	116	TV5	Envoyé spécial	Cité guide	Journal TV5	Marcel Bleustein-Blanchet				Invité-marcus

critics'corner

Rise Up - Canadian Pop Music in the 1980s

Video may not have killed the radio star, but it definitely changed music. This two-part documentary continues the story begun in "This Beat Goes On," chronicling the growth of Canadian music at the rise of the digital age, as CDs replaced cassettes, music videos exploded on television, and bands had to start paying attention to their look as much as their sound. The soundtrack includes Men Without Hats' "The Safety Dance" and Bryan Adams' "Summer of '69." 9 PM on CBRT



The Vampire Diaries

Kevin Williamson ("Dawson's Creek," "Scream") is behind this adaptation of L.J. Smith's popular book series about a pair of vampire brothers, one good (Paul Wesley), one evil (Ian Somerhalder, "Lost"), as they battle for the soul of a beautiful teenage girl (Nina Dobrev) who recently lost both her parents in a car accident. Steven R. McQueen co-stars. 6 PM on WPIX

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AMVIC LICENSED

On Thursday, Sept. 17, M&M Meat Shops will once again encourage Canadians to enjoy the tradition of the family dinner. For each participant who registers at NationalFamilyDinnerNight.com, \$1 will be donated to the Crohn's and Colitis Foundation of Canada. **METRO NEWS SERVICES**

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Signature Dish:

Lamb stuffed olives

Rating: *****

Dinner & drinks for 2: \$52

An intimate, sleek space in a century-old building, AKA is the latest entry in

Calgary's wine bar scene. (Yes, there is one!)

The menu and wine list are — hallelujah! — affordable, but doesn't skimp on flavour and quality.

Wine by the glass ranges from \$8 to \$11; bottles hover around \$30 to \$70.

But don't be fooled by the wine part of the bistro; the food is hearty, inventive and fresh.

Nowhere else have I seen lamb stuffed olives (\$7), unabashedly battered and deep fried, laid on a balsam-

On the web

- Get recipes and more great food content at metronews.ca/food

ic reduction and adorned with shaved parmesan.

AKA's take on the Caesar salad (\$9) is a grilled romaine heart, left whole, with big crouton chunks and drizzled with roasted garlic vinaigrette. A salty blast of fried anchovy makes you sit up and take

notice.

Brushed with honey and mint, the mustard-breaded lamb ribs (\$11) are worth getting your hands dirty for.

Mains have something for everyone. The pasta primavera (\$14) is a mountain of freshness; steak frites (\$18) are solid.

Meat-lovers alert: the Mixed Grill rings in at a paltry \$22 for Alberta lamb, farmer's sausage, skirt steak and a fried egg.

AKA also serves brunch on weekends.



AKA sets tongues wagging with lamb stuffed olives (\$7).

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Visit metronews.ca/globalpeasant for a recipe for raw Leek and Potato Soup — the leeks are fresh from the garden.



Dining out

FEAST OF FIELDS

The 8th annual Feast of Fields is on Sunday in Inglewood. You can enjoy local food, drinks and music in the garden of Rouge restaurant (1240-8th Ave. S.E.). Call The Cookbook Co. (at 403) 265-6066 for tickets.

GALA FOR BISTRO

A jazz gala today through

Saturday is an effort to raise enough money to keep the Bistro Piq Niq & Beat Niq Jazz Club (811 - 1st Street S.W.) open. Food & drink specials, live bands and silent auction. For tickets, call (403) 263-1650.

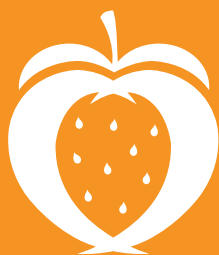
STRAIGHT FROM THE OVEN

Giuseppe's Italian Market is now open (1207 1st Street S.W.) with a wood-fired oven for all your pizza cravings.

In brief

CHEESE Janice Beaton Fine Cheese has closed its Kensington location (1249 Kensington Rd. N.W.). But you can still fill your cheese needs at the Mount Royal shop, or take time to savour a bubbly mac and cheese at its adjacent restaurant, FARM (1006-17th Ave. S.W.).

SHOW Canadian chef Michael Smith premieres the second season of Chef Abroad this month on The Food Network.



JUGO DAY

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entertainment 17

Celebrity Buzz

Megan shows off her prudish side

A GOOD-GIRL? Megan Fox has vowed never to make a sex tape, femalefirst.co.uk reports.

The actress is convinced if she saw herself having sex and "looking like a hippo" it'd put her off making love for the rest of her life.

"That's the last thing I want to see — what I look like having sex," she said. "It would take one shot of

me not looking good and I would not be able to have sex ever again, because I would always just see myself looking like a hippo having sex."

For much the same reason, Fox, 23, has also vowed never to appear naked onscreen in any of her films, and is

still mortified by photos of her in a flesh-coloured suit on the set of forthcoming cheerleader-turned-killer film *Jennifer's Body*.

She added to MTV: "I can't ever imagine myself doing nudity in a film. It lives forever, especially now, within the Internet. I just can't."

METRO NEWS SERVICES



RiRi's dad says no to nudes, bow tie

PROTECTIVE PARENT A topless photo Rihanna posed for in Italian Vogue is "disturbing," her dad, Ronald Fenty, told Us Weekly.

Fenty also disapproved of Chris Brown's outfit during his apologetic interview on Larry King Live. "The costume he wore was so funny ... That bow tie thing. He needs to bury that."

METRO WORLD NEWS



Team Hudson-Rodriguez?

THAT WAS FAST Kate Hudson has become a regular fixture at Alex Rodriguez's Yankees games in New York, but this week it was her finger that had a new fixture.

A source spotted a sparkling diamond ring on Hudson's hand at a home game as she tapped away on

her BlackBerry, leading some to speculate a wedding announcement is coming up to bat, according to the New York Daily News.

Hudson's rep had no comment.

METRO WORLD NEWS



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Park Place Shopping Centre

Red Deer
Bower Place

Rocky View
CrossIron Mills

(1) No purchase necessary. Contest ends October 1, 2009. See buildabash.ca for Contest Rules.

BUILD-A-BASH AND WIN!

Enter PC9A55F at buildabash.ca for points towards a koodo-rific party.



Today
Mostly sunny
20°C / 7°C



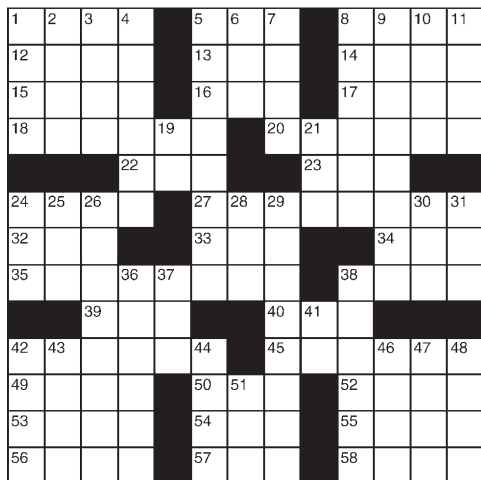
Friday
Mostly Sunny
23°C / 4°C



Saturday
Sunny
26°C / 7°C

Take Five

For more delicious Metro recipes, visit: metronews.ca/food



ACROSS

- 1 Kane's Rosebud, e.g.
- 5 Decline
- 8 Kelly or Krupa
- 12 Newsweek rival
- 13 Noon, in a sense
- 14 Yoked team
- 15 "Yeah, right!"
- 16 Army rank (Abbr.)
- 17 Raced
- 18 Fancy cake
- 20 "Star Wars" weapons
- 22 Pompous one
- 23 Up to
- 24 Help in wrongdoing
- 27 Model
- 32 Curse
- 33 Tex- — restaurant
- 34 Tokyo's old name
- 35 Champion of a cause
- 38 Vortex
- 39 Falsehood
- 40 River to the

- North Sea
- 42 Tristan's love
- 45 Bad news
- from the factory
- 49 MacDonald's place
- 50 Muumuu accessory
- 52 Buckeyes' home
- 53 Gratis
- 54 Past
- 55 Cavort
- 56 Knitting need
- 57 Neither partner
- 58 Category

DOWN

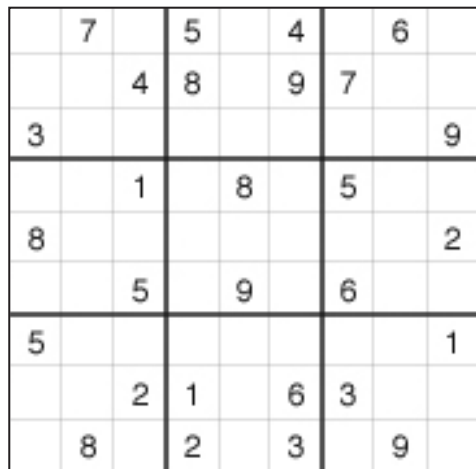
- 1 Unpartnered
- 2 Bart's sister
- 3 Send forth
- 4 Vanquish
- 5 "Oops"
- 6 Story of a lifetime?
- 7 Check
- 8 Tabloid topic
- 9 Made to leave
- 10 — do-well
- 11 Remnants

- 19 Symbol for arsenic
- 21 \$ dispenser
- 24 Mimic
- 25 Carton
- 26 Lewis or Clark
- 28 Foreign (Prefix)
- 29 Outside
- 30 Tack on
- 31 Trigger's rider
- 36 Rockefeller et al.
- 37 Actor Beatty
- 38 Go with
- 41 Northeastern-most st.
- 42 Questionable
- 43 Poet Teasdale
- 44 Verve
- 46 "Hey, sailor!"
- 47 Flaccid
- 48 Run easily
- 51 Id counterpart

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	3	7	6	8	4	1	9	5
5	1	4	7	9	3	6	2	8
9	8	6	2	5	1	4	3	7
7	9	1	5	3	8	2	4	6
3	6	5	4	7	2	9	8	1
4	2	8	1	6	9	5	7	3
6	4	3	9	1	7	8	5	2
1	7	9	8	2	5	3	6	4
8	5	2	3	4	6	7	1	9

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
If you are up front and honest with other people today they will be up front and honest with you.



TAURUS
APRIL 21-MAY 21
You may be planning a change in your work or your daily routine but with Mercury now moving retrograde it might be wise to hold fire on the idea.



LIBRA
SEPT 23-OCT 23
Because mind planet Mercury is now moving retrograde through your birth sign you must make sure that everything you do is built on facts.



SCORPIO
OCT 24-NOV 22
Is your mind playing tricks on you? It certainly looks that way. Pluto, your ruler, endows you with an envious ability to see further and deeper.



GEMINI
MAY 22-JUNE 21
Your mind may be full of big ideas at the moment but you are advised not to take them too seriously, at least not for now.



SAGITTARIUS
NOV 23-DEC 21
You've had your suspicions that someone you thought you could trust has been telling you lies and what happens today will confirm it.



CANCER
JUNE 22-JULY 22
The message of the stars for Cancer today is that you are allowing your thoughts a free rein.



CAPRICORN
DEC 22-JAN 20
You will find it easy to get through to employers today but because of Mercury you would be wise not to tell them too much.



LEO
JULY 23-AUG 23
You may not agree with the path that a friend or a relative has chosen to follow but you have no option but to accept it.



AQUARIUS
JAN 21-FEB 18
It seems like the more you expect of other people the less they deliver and the more disappointed that makes you.



VIRGO
AUG 24-SEPT 22
No matter how cautious a Virgo you may be by nature you are in the mood to take risks today.



PISCES
FEB 19-MARCH 20
A money matter may demand your attention but the planets warn if you act in haste you will do more harm than good.



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Investing Quiz

TEST YOUR ONLINE INVESTING KNOWLEDGE AND KEEP SCORE!

1) What is a stock market? 2 points

- a. An exchange where investors trade securities
- b. A market for various types of company products and inventory
- c. A market where big investment banks come to hire their professionals

2) Which of the following is a major North American stock market? 2 points

- a. The Great Canadian 50
- b. The Nikkei
- c. The NASDAQ

3) Monique contributes 15% of each paycheck to her RRSP and diversifies her investment among different asset classes. Monique utilizes which investment principle? 3 points

- a. Dollar cost averaging
- b. Tax-deferral
- c. Asset allocation
- d. All of the above

4) Which of the following statements about a Registered Retirement Savings Plan (RRSP) account is FALSE? 2 points

- a. The principal and interest/investment income earned in an RRSP account are not taxable to the investor until the money is withdrawn for income
- b. The Home Buyers' Plan (HBP) allows you to withdraw up to \$25,000 from your RRSP (\$50,000 for a couple) to buy or build your first home
- c. Only individuals over 65 years of age can open an RRSP account

5) The right to buy a specific quantity of stock at a pre-determined price before a particular date in time is called: 3 points

- a. A purchase right
- b. A call option
- c. A put option

6) The best way to begin building an investment portfolio is: 3 points

- a. To purchase securities from a minimum of three and a maximum of six countries
- b. To determine a target asset allocation based on your risk tolerance and financial goals
- c. To allocate over 80% of the portfolio to illiquid investments such as private equity and real estate

7) What term describes a company that raises financing for the first time by selling an equity stake in itself to the investor community? 2 points

- a. A subordinate share exchange
- b. A distressed debt sale
- c. An initial public offering (IPO)

8) An investment in a mutual fund allows an investor to achieve all of the following benefits, EXCEPT: 3 points

- a. Guaranteed returns in excess of the returns on a benchmark index
- b. Diversifying among many different securities
- c. Managing and rebalancing between sectors and asset classes at the portfolio manager's discretion

9) A lower-cost investment that allows an investor to replicate the performance of an index without having to physically trade all of the securities that comprise that index is called: 3 points

- a. A high-interest savings account
- b. An inflation-linked note
- c. An index Exchange Traded Fund (ETF)

10) What is the best way that investors can educate themselves about the markets and investing? 2 points

- a. Read market trends and commentaries and research individual companies and sectors
- b. Use online learning resources like the ones available through RBC Direct Investing including our tailored learning plans that offer something for every level of investor – whether you're experienced or just starting out
- c. Opening up an online practice account in order to practice online investing without the risk of using real money
- d. Doing all of the above for FREE with RBC Direct Investing Practice Accounts!

Answers: 1 (a), 2 (c), 3 (d), 4 (c), 5 (b), 6 (b), 7 (c), 8 (a), 9 (c), 10 (d)

How did you score?

20 - 25 Excellent level of investment knowledge! You have a solid understanding of investment concepts and the wide range of products available to today's investors. With an RBC Direct Investing Practice Account, you can explore more advanced strategies.

10 - 19 Very good level of investment knowledge! You have a strong command of investment fundamentals and product types. You can learn more about more complex products like ETFs and mutual funds and begin building practice portfolios with RBC Direct Investing Practice Accounts.

0 - 9 You are just getting started in the world of investments. An RBC Direct Investing Practice Account can help you build your investments knowledge so you will be confident to take on the world of self-directed investing.

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LEARN HOW TO SCAN THIS BARCODE – INSTRUCTIONS AT THE TOP OF PAGE 3



SCANLIFE

TIP: IF YOU'RE HAVING TROUBLE SCANNING, TRY TO PULL YOUR PHONE BACK.
IT'S MORE IMPORTANT THAT THE SCAN BE IN-FOCUS THAN CLOSE-UP.



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Contest closes September 10 at 11:45 PM. Standard messaging & data rates apply.

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